

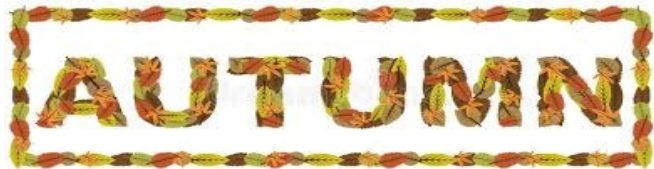
WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 04/09/2023 • 25/09/2023 • 16/10/2023 • 13/11/2023 • 04/12/2023 • 08/01/2024 • 29/01/2024 • 26/02/2024 • 18/03/2024				
MONDAY	Homemade Cheese & Tomato Pizza served with Mashed Potato or Pasta, Beans or Peas	Cheese & Potato Pie served with Beans or Peas	Jacket Potato with Various Fillings	Chocolate Rice Krispy Cake
TUESDAY	Beef Meatballs in Homemade Tomato Sauce, Pasta & Mixed Vegetables	Veggie Balls in Homemade Tomato Sauce, Pasta & Mixed Vegetables	Jacket Potato with Various Fillings	Fruit Sponge & Custard
WEDNESDAY	Roast Turkey, Stuffing, Roast & Boiled Potatoes, Carrots, Broccoli & Gravy	Homemade Cauliflower & Broccoli Bake, Roast & Boiled Potatoes, Carrots, Broccoli & Gravy	Jacket Potato with Various Fillings	Strawberry Whip & Shortbread Biscuit
THURSDAY	Homemade Lasagne served with Garlic Bread & Sweetcorn	Homemade Baked Bean Lasagne served with Garlic Bread & Sweetcorn	Jacket Potato with Various Fillings	Fruit Jelly & Ice-Cream
FRIDAY	Fish Fingers or Fish Cake served with Chips, Pasta or Mashed Potato, Beans or Peas	Country Bake served with Chips, Pasta or Mashed Potato, Beans or Peas	Jacket Potato with Various Fillings	Homemade Chocolate Brownie



WEEK 2	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 11/09/2023 • 02/10/2023 • 23/10/2023 • 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/2024				
MONDAY	Tuna Pasta Bake served with Garlic Bread & Sweetcorn	Macaroni Cheese served with Garlic Bread & Sweetcorn	Jacket Potato with Various Fillings	Mandarin Sponge & Custard
TUESDAY	Homemade Chicken Korma, Rice, Naan Bread & Peas	Homemade Vegetable Korma, Rice, Naan Bread & Peas	Jacket Potato with Various Fillings	Yogurt & Biscuit
WEDNESDAY	Roast Beef, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots & Green Beans & Gravy	Quorn in Gravy, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots & Green Beans & Gravy	Jacket Potato with Various Fillings	Fresh Fruit Salad & Ice-Cream
THURSDAY	Sausage, Hash Browns, Mushrooms, Beans, Tomatoes or Peas, Bread & Butter	Homemade Glamorgan Sausage, Hash Brown, Mushrooms, Beans or Tomatoes, Bread & Butter	Jacket Potato with Various Fillings	Chocolate Goody Pudding
FRIDAY	Fish Fingers or Fish Cake served with Mashed Potato or Pasta & Peas	Country Bake served with Mashed Potato or Pasta & Peas	Jacket Potato with Various Fillings	Fruit Muffin



WEEK 3	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 18/09/2023 • 09/10/2023 • 06/11/2023 • 27/11/2023 • 18/12/2023 • 22/01/2024 • 19/02/2024 • 11/03/2024				
MONDAY	Tomato & Basil Pasta Bake served with Crusty Bread & Peas	Cheese & Leek Pasta Bake served with Crusty Bread & Peas	Jacket Potato with Various Fillings	Jam Bun
TUESDAY	Homemade Beef Bolognaise served with Garlic Bread & Mixed Vegetables	Homemade Vegetable Bolognaise served with Garlic Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Chocolate & Pear Sponge with Custard
WEDNESDAY	Sausage, Yorkshire Pudding, Mashed Potato or Pasta, Peas & Gravy	Homemade Glamorgan Sausage, Yorkshire Pudding, Mashed Potato or Pasta, Peas & Gravy	Jacket Potato with Various Fillings	Cookie Ice-Cream
THURSDAY	Beefy Macaroni, served with Crusty Bread & Mixed Vegetables	Macaroni Cheese served with Crusty Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Fruit Cheesecake
FRIDAY	Fish Fingers or Fishcake served with Chips, Mashed Potato or Pasta, Beans or Peas	Country Bake served with Chips, Mashed Potato or Pasta, Beans or Peas	Jacket Potato with Various Fillings	Chocolate Crunch



Bread, Fresh Fruit and Salad Bar Available Daily
 Due to circumstances beyond our control, there may at times be a slight variance in our menus; we apologise for any inconvenience this may cause.
 The fruit and vegetables we serve are also subject to seasonal variation.

