

Make a  
**NO!SE**  
about bullying

Don't be a Bystander and change the story



# What is Bullying?

*'the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.'*

## - The Anti-Bullying Alliance



For more information about ANTI-BULLYING follow this link.

[Anti-bullying support](#)

[Online support](#)