

WEEK ONE

MONDAY

Indian
 Chicken Tikka Masala
 Wholegrain Rice
 Peas



TUESDAY

Mediterranean
 Turkey Meatball Pasta Bake
 Broccoli
 Apple Cracknell & Custard



WEDNESDAY

BRITISH
 Roast Beef
 Roast Potatoes
 Carrots & Cabbage



THURSDAY

Mexican
 Chicken Tinga Tortilla
 Tomato Corn Rice
 Apple Slaw
 Apple & Blackberry Pie & Custard



FRIDAY

British
 Battered Fish Fillet
 Chips
 Baked Beans



Wings & Things

Chicken Caesar Burger or Veg & Bean Quesadilla V
 Paprika Potato Wedges
 BBQ Beans

Wings & Things

Lemon Piri Chicken Pitta or Quorn Cheese Burger V
 New Orleans Red Bean Rice
 Chop Chop Salad

Deep South Diner

Cajun Pulled Pork & Bean Pitta
 Sweet Potato Squash Stew V
 Cajun Potato Wedges
 Peas

Wings & Things

Marinated Chicken Drumsticks with BBQ or Sticky Tabasco
 Sweetcorn Chickpea Veggie Burger V
 Potato & Onion Hash
 Caesar Salad

Deep South Diner

Deep South Turkey Burger
 Boston Bean Casserole V
 Chips
 Peas

Speedy Italian

Veggie Supreme Pizza V
 Veggie Bolognese Pasta V
 Margherita Pizza V

Speedy Italian

Chicken Supreme Pizza
 Arrabiata Pasta V
 Margherita Pizza V

Speedy Italian

Hawaiian Pizza
 Chunky Vegetable Pasta V
 Margherita Pizza V

Speedy Italian






Chicken Supreme Pizza
 Arrabiata Pasta V
 Margherita Pizza V

Speedy Italian

Veggie Hot One V
 Herby Tomato Pasta V
 Margherita Pizza V

we A selection of delicious baguettes, wraps, bagels
SERVE and sandwiches and NEW exciting salad pots, fresh fruit,
 yoghurt & granola pots are available to enjoy daily from all
 catering outlets.



MONDAY	<p>Mediterranean Beef Lasagne Garlic Bread Broccoli</p> 	<p>Deep South Diner New York Hot Dog Louisiana Bean Pot V Paprika Potato Wedges Red Slaw</p>	<p>Speedy Italian Veggie Hot One Pizza V Arrabiata Pasta V Margherita Pizza V</p>	FUN
TUESDAY	<p>Japanese Teriyaki Glazed Chicken Thigh Pineapple Rice Pickled Cucumber Salad Apple & Berry Crumble & Custard</p> 	<p>Wings & Things Special Marinated Roast Chicken Drumstick with BBQ or Sticky Tabasco Cauliflower & Creamed Corn Bake V Garlic Bread Southern Greens</p>	<p>Speedy Italian Chicken Supreme Pizza Herby Tomato Pasta V Margherita Pizza V</p>	BALANCED
WEDNESDAY	<p>BRITISH Roast Pork Roast Potatoes Broccoli & Carrots</p> 	<p>Deep South Diner Beef Burger Sweet Potato & Black Bean Enchilada V Baked Garlic & Herb Potato Wedges Peas</p>	<p>Speedy Italian Veggie Supreme Pizza V BBQ Chicken Pasta Margherita Pizza V</p>	F
THURSDAY	<p>British Cottage Pie Sweetcorn Apple & Cinnamon Strudel</p> 	<p>Wings & Things Chicken Mayo Bun or Butternut Feta Bake V Cajun Potato Wedges Baked Beans</p>	<p>Speedy Italian Bacon Pizza Beef Lasagne Margherita Pizza V</p>	SNA
FRIDAY	<p>Thai Sweet Chilli Salmon Wrap Peas Chips</p> 	<p>Deep South Diner Chipotle BBQ Pork Quorn Sausage Pattie & Cheese Bun V Chips American Style Slaw</p>	<p>Speedy Italian Sicilian Cheese & Tomato Pizza V Italian Chicken Pasta Margherita Pizza V</p>	TIME

we
 SERVE

A selection of delicious baguettes, wraps, bagels and sandwiches and NEW exciting salad pots, fresh fruit, yoghurt & granola pots are available to enjoy daily from all catering outlets.

WEEK THREE

MONDAY

Indian

Chicken Korma
Wholegrain Rice
Naan Bread
Cucumber Raita



TUESDAY

British

Pork Sausage ,Mash Potato
&Red Onion Gravy
Peas
Banoffee Pie



WEDNESDAY

British

Roast Turkey
Roast Potatoes
Broccoli
Gravy



THURSDAY

Chinese

Sweet & Sour Chicken
Beggars Noodles
Chop Chop Salad
Apple & Berry Crumble & Custard



FRIDAY

British

Battered Fish Fillet
Chips
Baked Beans



Deep South Diner

Beef Chilli
Louisiana Bean Pot V
Paprika Potato Wedges
Corn on the Cob

Wings & Things

Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco
Veg & Bean Quesadilla V
Pasta Salad
House Slaw

Deep South Diner

Loaded Triple Mac & Cheese V
Quorn Cheese Burger V
Baked Garlic & Herb Wedges
BQQ Beans

Wings & Things

Chicken Caesar Burger
Bean & Vegetable Chilli V
Paprika Potato Wedges
Peas

Deep South Diner

Cajun Pulled Pork & Bean Pitta
Feta & Chickpea Cake with Salsa V
Chips
Pineapple Coleslaw

Speedy Italian

Veggie Hot One Pizza V
Cheesy Penne Pasta V
Margherita Pizza V

Speedy Italian

3 Cheese Sicilian Pizza V
Neapolitan Beany Pasta
Margherita Pizza V

Speedy Italian

Mushroom & Sweetcorn Pizza V
Herby Tomato Pasta V
Margherita Pizza V

Speedy Italian

Sicilian Cheese & Tomato Pizza V
Neapolitan Beany Pasta V
Margherita Pizza V

Speedy Italian

Cajun Chicken Sizzler Pizza
Herby Tomato Pasta V
Margherita Pizza V

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